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MHS Sports Medicine Students Win Honors at State Competition

Monroe, WA – Nineteen Sports Medicine students (14 varsity and 5 JV) from Monroe High School joined 830 other sports medicine students across the state in a recent competition in Kennewick. The JV team took 3rd place, and the Varsity Team took 11th out of 45 teams and 7th in the Large School category, which includes 22 other schools.

“This was a great improvement from last year,” explained Heather Sevier, who teaches the sports medicine course at MHS. “Last year we placed 19th.”

Sports Medicine is a 3-year Career and Technical Education (CTE) course beginning in 10th grade, and the competition is an opportunity to show what students have learned in a series of written and practical tests on the material, including a General Varsity test which all the students compete in, as well as other more specialized categories.

Katie Piland placed 4th in Anatomy and Physiology (A&P). “I took the test last year and placed 28th,” she said. “This year I took it as my science class, and placed 4th. The class really helped because I was able to work in the training room and get some experience. It helped me figure out I love that career,” Piland said. The daughter of Lisa Piland graduates this year and plans to play basketball for Skagit for two years before transferring to the University of Oregon for a degree in athletic training.

M'Shaiya DeGross placed 30th out of 200 overall in the General Varsity testing, after coming in 68th last year. “My dad races sports bikes and through his injuries I've gotten interested in the human body and how it repairs itself,” she said.

“The competition is so much fun. I'm a really academic person so getting to compete lets me see the sporty side of things,” DeGross admitted. The daughter of Tamaraja and Mark DeGross will take community college classes for 2 years and then transfer to University of Oregon as well. She plans on going into orthopedic medicine.

Shirley Chandler earned 15th place in A&P, and Bethany Akers took 16th place in CPR (out of 80 students). The other team members are: Dylan Bryd-Peterson, Jasmine Carmel, Jessica Carmel, Kittra Evenson, Nathan Gonzalez, Maleah Minch, Tristian Norton, Grant Soules, Cara Soules, Maddie Hettinga, Iyonna Price, Alexa Hurley, Danielle Rochlin, Landon Olson-Clark, and Emilee Simicich.

MHS is hosting the WESCO sports medicine competition on May 13th. The team won last year and they're hoping to get even better numbers this time around.

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