



**SIMPLY GOOD**

**Monroe Elementary Schools Menu**

**April 2017**

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Toasty Cheese Sandwich (V) or Baked Chicken Nuggets w/ WG Breadstick or Deli Choice <b>Tasty Tater Tots</b> Fruit &amp; Veggie Bar, Milk <i>Pancake &amp; Sausage on a Stick</i></p>	<p>4 <b>Brunch for Lunch</b> Whole Grain Waffles with Sizzling Sausage or Crispy Chicken on WG Bun or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Ham, Egg &amp; Cheese on English Muffin</i></p>	<p>5  Pepperoni Pizza on Whole Grain Crust or Cheese Pizza on WG Crust (V) or Deli Choices Fruit &amp; Veggie Bar, Milk WG French Toast Sticks</p>	<p>6 <b>YUMMY!</b>  Whole Grain Spaghetti w/ Italian Meat Sauce or Baked Chicken Nuggets or Deli Choices <b>WG Toasted Garlic Bread</b> Fruit &amp; Veggie Bar, Milk <i>Sausage Egg &amp; Cheese Biscuit</i></p>	<p>7 Mashed Potato and Chicken Bowl with WG Dinner Roll or Cheeseburger on WG Bun or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Warm WG Cinnamon Rolls</i></p>
10	11	12	13	14
<p><b>SPRING BREAK</b> NO SCHOOL</p>				
17	18	19	20	21
<p>WG Turkey Corn Dog or Baked Chicken Nuggets w/ WG Breadstick or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Pancake &amp; Sausage on a Stick</i></p>	<p> Walking Taco or Crispy Chicken on WG Bun or Deli Choices <b>Peach and Pear Crisp</b> Fruit &amp; Veggie Bar, Milk <i>Ham, Egg &amp; Cheese on English Muffin</i></p>	<p><b>PIZZA DAY!</b> Italian Sausage Pizza on Whole Grain Crust or Cheese Pizza on WG Crust (V) or Deli Choices Fruit &amp; Veggie Bar, Milk WG French Toast Sticks</p>	<p>Meatballs in Zesty Marinara or Baked Chicken Nuggets or Deli Choices <b>WG Toasted Garlic Bread</b> Fruit &amp; Veggie Bar, Milk <i>Sausage Egg &amp; Cheese Biscuit</i></p>	<p><b>Celebrate Earth Day</b> Baked Potato with BBQ Pulled Pork or Cheeseburger on WG Bun or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Warm WG Cinnamon Rolls</i></p>
24	25	26	27	28
<p>Hot Ham &amp; Cheese on Pretzel Bun or Baked Chicken Nuggets w/ WG Breadstick or Deli Choices <b>Baked Crinkle Fries</b> Fruit &amp; Veggie Bar, Milk <i>Pancake &amp; Sausage on a Stick</i></p>	<p><b>Lucky Tray Day!</b> Teriyaki Beef Nuggets with Steamed Brown Rice or Crispy Chicken on WG Bun or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Ham, Egg &amp; Cheese on English Muffin</i></p>	<p> Hawaiian Pizza on Whole Grain Crust or Three Cheese Calzone (V) or Deli Choices Fruit &amp; Veggie Bar, Milk WG French Toast Sticks</p>	<p><b>PASTA!</b> Macaroni &amp; Cheese (V) or Baked Chicken Nuggets or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Sausage Egg &amp; Cheese Biscuit</i></p>	<p> Crispy Fish Sandwich or Cheeseburger on WG Bun or Deli Choices Fruit &amp; Veggie Bar, Milk <i>Warm WG Cinnamon Rolls</i></p>
<p><b>Featured Daily Deli Choices-All Salads Offered With Whole Grain Breadstick &amp; Homemade Croutons</b></p>				
<p>Turkey &amp; Cheese Sandwich Grilled Chicken Caesar Salad Sunbutter &amp; Grape Jelly Sandwich (V)</p>	<p>Ham &amp; Cheese Sandwich Turkey Ham &amp; Turkey Chef Salad Apple Cinn. Muffin Fun Lunch (V)</p>	<p>Tuna Salad Sandwich Grilled Chicken Caesar Salad Sunbutter &amp; Pretzel Fun Lunch (V)</p>	<p>Ham &amp; Cheese Sandwich Turkey Ham &amp; Turkey Chef Salad Cereal Fun Lunch (V)</p>	<p>Turkey &amp; Cheese Sandwich Grilled Chicken Caesar Salad Sunbutter &amp; Grape Jelly Sandwich (V)</p>

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**Kitchen Substitute Staff**  
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**Application Instructions:**

- Click on Hourly Positions
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- Click on the job you want to apply for
- Enter your email address and start the application
- All contact will be made by email and the applicant will receive an email when the application is accepted.

**Breakfast Prices:** \$1.85 paid, \$.00 reduced\*, \$.00 free\*, \$2.40 Adults, **Lunch Prices:** \$3.00 paid, \$0.40 reduced\*, \$.00 free\*, \$4.25 Adults

All meals come with a visit to our fresh fruit & veggie bar which features a variety of fresh produce including locally-grown when available. Students must take 1/2 cup fruit or vegetable with each breakfast or lunch meal per Federal Regulations.

In addition to the daily featured breakfast item, assorted cereal with toast, or pizza bagel, or banana-chocolate chunk bar, or fruit & yogurt parfait with homemade granola, or fruit smoothie are available daily for breakfast.

All meals are offered with choice of 1% white or non-fat chocolate milk. All grain options are whole grain rich.



Now featuring local, farm-fresh, organic produce when in season.



You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program you can call the food service office at (360) 804-2599.

View Your School's Menu at [www.monroschools.nutrislice.com](http://www.monroschools.nutrislice.com)