

September 24, 2009

Hidden River Headlines

Monroe Public Schools
Hidden River Middle School
9224 Paradise Lake Road, Snohomish, WA 98296



Principal's Message...

Hello Hawk Families,

Here are a couple of great things I saw this week:

← In Mrs. DeMot's 7th Humanities class, the students were busy at work on a grammar assignment.



Ms. Simeoni and Mrs. Smith trained all our Teachers' Assistants on the office equipment and confidentiality. →



We are off to a great start!

↑ Ms. Johnson and her 7th Arts students worked on perspective drawing this week and the students really seemed to enjoy themselves!

- Principal**
Stephen Shurtleff
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- Counselor**
Michelle Simeoni
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- Secretary**
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- Attendance/ASB Sec'y**
Beth Sabel
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- Health Room**
Brena Brady
360-804-4132
- Office**
360-804-4100
- Fax**
360-804-4199
- Attendance Hotline**
360-804-4101

We are on the web.
Check us out! And apply for Family Access.
www.monroe.wednet.edu

Calendar of Events...



- October 12th** School Improvement Day (non-student day)
- October 1st** Curriculum Night (6:30-8:00)
- October 26th-30th** Parent Teacher Conference Week
Students dismissed at 11:50

ABSENT OR TARDY?
Please call our 24 hour attendance line at 360-804-4101, or use Family Access.



With just a few days into the new school year we are already hearing of influenza-like illness in our community. In order to take the best precautions to keep our community healthy we are asking for your help. Below you will find tips about how to remain healthy and when it is recommended a child stay home from school.

In addition, we are asking for your help if your child does become ill. Many families are familiar with using the Attendance Hotline. In addition to recording your child's name on this 24-hour voicemail system, please offer some of the symptoms he/she may be experiencing.

For example: Susie Smith is home sick today. She has a fever and a sore throat.

OR

Jimmy Jones is throwing up today but does not have a fever so he won't be at school.

H1N1 is primarily a respiratory illness so symptoms of a fever or chills plus cough or sore throat are important to know as school staff work with county Health District officials. The Health District requires schools to alert them when 10 percent or more of students in a school are ill. It is critical that the type of symptoms be part of that report so Health District officials have accurate information.

Current thinking is that it is unlikely schools will close but it is a possibility if the number of those becoming ill in our community grows too large. It is still too early to determine what the severity of a H1N1 might be this fall. Local health officials report the H1N1 vaccine should be available in late October.

While no one wants school to be closed it is important to have a plan should your child or you become ill.

Consider these potential decisions:

Who can care for my sick child if I must go to work?

This may be a great time to get to know your neighbors who may also be worrying about "what ifs".

Who can care for my child if I become ill?

In our role as caregivers we sometimes forget we too are vulnerable. This influenza seems to impact persons up to age 24 and those who are pregnant or have health issues.

Who will care for my child should schools close?

Remember if schools close it is likely other areas where children gather will also be impacted by that decision, i.e. daycare facilities, clubs

The most important precautions families can take remain:

- Wash your hands – use warm water and soap and continue to scrub through two choruses of the Happy Birthday song
- Cover your cough – encourage family members to use the inside of the elbow to help limit the spread of germs when coughing or sneezing
- Stay home when sick - Centers for Disease Control (CDC) staff recommend those sick with this illness to stay home for 24 hours after the fever subsides (without the use of fever-reducing medicine)

In deciding when to keep your child at home answer these two questions:

1. Does your child have fever (100 degrees Fahrenheit or higher) or chills?
2. Does your child have a sore throat, cough, or other flu-like symptoms?

If you answered "yes" to both questions, keep your child at home as recommended as these are symptoms of influenza. If you answered "yes" to only one of the questions above, or if your child appears ill with other symptoms, keep your child at home at least one day to observe and until fever-free for 24 hours (without the use of fever-reducing medicine). Please call your child's school nurse if you have more

DENIM AND DIAMONDS SCHOOL AUCTION PLANNING MEETING

We are rounding up some ranch hand volunteers to help at our joint school auction planning meeting. **Wednesday September 30th 6:30p.m. at Maltby Elem. PTO room. Come find out more about the auction, meet new friends, and help make this successful for our community! We'll see you there!**

Sept. 30th Wednesday, ASB Magazine fundraiser turn in day: Help is needed at school On Wednesday Morning September 30th 8:00- 11a.m. or so. We will be processing the magazine order forms. Please contact Beth Sabel if you can help! sabelb@monroe.wednet.edu

September 28th Monday -Entertainment Coupon Book fundraiser ends. Please make your check out to HRMS PTO or return your book to the office.

Textbook Surplus Sale

Hidden River will be selling surplus textbooks this Friday, September 25th. Books will cost .25 cents.

Cut on dotted line ▼

Student Directory Order Form

Student Name _____

Quantity (\$1 each) _____ Order Deadline is **October 9th!!**