

Concussion Protocol

- ☒ Consider a concussion when there is any kind of forceful bump, blow or jolt to the head that results in rapid movement of the head. A concussion can also occur from a fall or blow to the body that causes the head and brain to move rapidly back and forth. Observe for changes in a student's behavior, thinking or physical functioning.
- ☒ Ask the student and/or a witness about the details of the accident: "who," "what," "when," "where," etc. Get accurate and complete information, including the cause of the injury and force of the hit or blow to the head or body. Ask the student of any previous bumps, blows or jolts to the head that resulted in symptoms of a concussion.
- ☒ Student who experiences a forceful bump, blow or jolt to the head should be observed in the health room for 30 minutes. Use Concussion Signs & Symptoms Checklist and check for signs and symptoms at 0, 15, and 30 minutes. Apply ice pack if indicated to bump.
 - *At SVEC if guardian on campus, they may manage student care, but provide concussion information
 - If there are no symptoms at 15 minute check, you may consider dismissing the student back to class.
Minimum time is health room should be 15 minutes of observation.
 - If 1 or more symptoms present @ 15 min, then monitor 15 more minutes and document on checklist.
 - If at 30 minute check they are symptom free, they may return to class.
 - With either situation for dismissal to class:
 - ☐ complete head bump form and send copy home
 - ☐ notify parents and review signs and symptoms to watch for with parents
 - ☐ notify teachers and appropriate staff
 - ☐ apply head bump bracelet for elementary students with name, date, time
 - ☐ give age appropriate instructions to the student to return to health room with any symptoms (review symptoms with student).
- ☒ **Students who are still experiencing one or more signs or symptoms of concussion after 30 minutes of observation should be sent home for observation by a parent and medical follow up if indicated.** The student should not ride the school bus home.
 - In addition to the steps above, you should also: Inform parents about the possibility of concussion and give them: A Fact Sheet for Parents and a copy of their completed Concussion Checklist.
 - Contact school RN to follow-up with the parent about concussion management and to implement Return to Play Protocol and Return to Learn Practices if indicated.
 - Complete Accident Report online.
 - Email teachers the Return to Learn letter.
- ☒ Call 911 if any of the following observations are present: increase or worsening of symptoms, loss of consciousness, seizure, details of the incident are unknown and student is symptomatic.
- ☒ Student Athletes with symptom(s) of concussion may not return to physical activity until a health care provider clears the student to return to school and to physical activity.
- ☒ Return to Play Protocol and Concussion Management Guidelines must be followed.
- ☒ Return to Play should be initiated by RN or trainer with documented diagnosis, report of diagnosis by parent, or if symptomatic after a known head injury. Only the school RN or athletic trainer can release a student to return to full activity.