

**Monroe School District
2019-20 Student Activity Matrix**

Function	Activity	High School (9th-12th)	Middle School (6th-8th)	Intermediate (3rd-5th)	Primary (1st-2nd)	Kindergarten	Pre-K
NOTE ➤ All trips require a minimum of one adult present with current First Aid & CPR certification (provide proof)							
Legend							
A	Activity is pre-approved for this age level , whether on or off campus. Off campus activities require normal field trip or transportation approval in accordance with transportation and field trip policies (including a minimum of a 10 to 1 student to adult supervisor ratio). Additional safety or supervisory requirements may be specified for some specific activities via Notes (see below).						
O	Activity, whether on campus or off campus, is pre-approved for this age level as long as the more stringent 7 to 1 student to adult supervisor ratio is provided . Off campus activities require normal field trip or transportation approval in accordance with transportation and field trip policies. Additional safety or supervisory requirements may be specified for some specific activities via Notes (see below).						
X	Activity may be approved on a case by case basis subject to review by both the school Principal (or Program Director) and the district Risk Manager. Requests should be submitted 30 days in advance of the requested activity date.						
	Grayed Out = Banned (Activity not appropriate or not allowed at this age level)						
WIAA Sanctioned (7th-12th)	Baseball	A					
	Basketball	A	A				
	Cross Country	A	A				
	Dance & Drill	A					
	Football	A	A				
	Golf	A					
	Soccer	A	A				
	Softball	A	A				
	Spirit / Cheerleading	A	A				
	Swimming	A					
	Tennis	A					
	Track & Field	A	A				
	Volleyball	A	A				
	Wrestling	A	A				
Approved Curriculum (PreK-12th)	Aerobic Fitness Activity	A	A	A	A	A	
	Archery	A	A				Note 7
	Badminton	A	A	A	A	A	
	Basketball	A	A	A	A	A	
	Bicycling	A	A	O	O	O	Note 2
	Bowling	A	A	A	A		
	Canoeing / Rowing / Kiaking (flat water)	O	O	O			Note 1,9,10
	Cricket (skills and "friendly competition")	A	A				
	Dance	A	A	A	A	A	
	Fencing (rubber tip foils only)	A	A	A			Note 3 & 8
	Fitness Machines	A	A	A			
	Fitness Equipment (step, bands, balls)	A	A	A	A	A	
	Floor Hockey	A	A	A			Note 3
	Flag Football	A	A	A			

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	Football Skills	A	A	A	A	A		Note 5
	Frisbee	A	A	A	A	A		
	Gymnastics (aparatus)	O	O	O	O	O		Note 8
	Handball	A	A	A				
	Hiking (day hiking on established trails)	O	O	O	O	O		Note 1,9,10
	Kickball	A	A	A	A	A		
	Lacrosse	A	A					Note 3
	Lawn Sports (other than dart games)	A	A	A	A	A		
	Marching Band	A	A					
	Model Rocketry	A	A	A				
	Paddle Ball	A	A	A	A	A		
	Pickleball	A	A	A	A	A		
	Playground Games	A	A	A	A	A		
	Racquetball	A	A					Note 4
	Remote Control / Robotics	A	A	A	A	A		
	Roller Blades / Roller Skates	A	A					Note 1 & 7
	Rope Climbing	A	A	A				
	Self Defense / Marshall Arts Skills	A	A	A	A	A		Note 1 & 5
	Soccer/Skills	A	A	A	A	A		
	Softball/Skills	A	A	A	A	A		
	Spirit / Cheerleading	A	A	A	A	A		
	Table Tennis	A	A	A	A	A		
	Tennis	A	A	A	A	A		
	Track & Field	A	A	A	A	A		Note 6
	Traversing Wall	A	A	A	A	A		
	Tumbling	A	A	A	A	A		
	Unicycle (standard only; not extended)	O	O	O	O	O		Note 1 & 2
	Volleyball/Skills	A	A	A	A	A		
	Walking Classes / Walk-a-Thon	A	A	A	A	A		
	Wallball	A	A	A	A	A		
	Weight Lifting/Training	A	A					
	Wrestling							
Playground & Playfield (PreK-12th)	2-Square	A	A	A	A	A	A	
	4-Square	A	A	A	A	A	A	
	Basketball	A	A	A	A	A		
	Climbing/Play Structures	A	A	A	A	A	A	
	Jump Rope	A	A	A	A	A	A	
	Kickball	A	A	A	A	A		
	Soccer	A	A	A	A	A		
	Swings	A	A	A	A	A	A	
	Tag	A	A	A	A	A		
	Tetherball	A	A	A	A	A		
	Wallball	A	A	A	A	A		

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Extracurricular and Field Trip (PreK-12th)	Aerobic Fitness	A	A	A	A	A	A	
	Amusement Parks	X	X	X	X	X	X	
	Archery	X						Note 1 & 7
	Auto Racing							
	Backpacking	X	X					Note 1
	Badminton	A	A	A	A	A		
	Baseball (Competition)	A	A					
	Baseball Skills (no competition)	A	A	A				
	Basketball	A	A	A				
	Batting Cage	O						
	Bike Racing							
	Biking (bike path)	O	O	O	O	O	O	Note 1 & 2
	Biking (mountain)	X	X					Note 1 & 2
	Boating (powered and sail)	X	X	X				Note 1,9,10
	Bonfires							
	Bowling	A	A	A	A	A		
	Boxing							
	Broomball							
	Bungee Jumping							
	Camping (Outdoor)	X	X	X				Note 1,9,10
	Canoeing / Rowing / Kayaking (flat water)	X	X	X				Note 1,9,10
	Canoeing / Rowing / Kayaking (other)							
	Car Bashes	X						Note 4
	Climbing Walls (Indoor)	X	X	X	X	X		Note 1
	Cricket							
	Croquet	A	A	A	A	A	A	
	Cross Country Skiing	X	X	X				Note 1,9,10
	Darts							
	Dirt Bike Racing							
	Disc Golf	A	A	A	A	A	A	
	Dodge Ball							
	Donkey Basketball							
	Dunk Tank							
	Eating Contests (all types)							
	Farm Visit	X	X	X	X	X		
	Fire Arms / Guns							
	Fishing	X	X	X	X	X		
	Flag Football	A	A	A				
	Flying (Aircraft)							
	Fun Run / Walk-a-Thon (off site)	X	X	X	X	X	X	
	Glass Blowing							
	Go Carts							
	Hang Gliding							

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	Hay Rides	A	A	A	A	A	X	
	Helicopters							
	High Impact Aerobics							
	Hiking (day hiking on established trails)	O	O	O	O	O	O	Note 1,9,10
	Horse Racing							
	Hot Air Balloons							
	Ice Hockey							
	Ice Skating (commercial ice rink)	O	O	O	O	O		Note 1,9,10
	Inflatable Rides / Attractions	X	X	X	X	X		
	Inline Skating	X	X	X	X	X	X	Note 1,2 & 4
	Jai-Alai							
	Jet Skis							
	Jousting							
	Kick Boxing							
	Laser Tag							
	Martial Arts	X	X	X	X	X		Note 1
	Miniature Golf	A	A	A	A	A	A	
	Marathon							
	Mechanical Bull							
	Motorboat Racing							
	Motocross							
	Motorcycle Racing							
	Mountain Climbing							
	Mud/Jell-o/Oil Wrestling							
	Open Gym (on site)	A	A					
	Orienteering / Geocaching	X	X	X				Note 1,9,10
	Pickleball	A	A	A	A	A		
	Pack Animal Trips							
	Paintballing (Virtual Assault)							
	Parasailing							
	Polo							
	Pony Rides (commercial)			O	O	O		Note 1
	Portable climbing walls/towers							
	Pyrotechnics							
	Rappelling	X	X					Note 1 & 4
	Racquetball	X	X					Note 4
	Red Rover							
	Remote Control Vehicles / Robotics	A	A	A	A	A		
	Rock Climbing (outdoors)							
	Rodeo Events							
	Roller skating (commercial facility)	O	O	O	O	O	X	Note 1 & 2
	Ropes Course (commercial facility)	X	X	X				Note 1
	Rugby							
	Saddle Animals (Trail Ridding)	X	X					Note 1
	School Carnival (on site, no rides)	A	A	A	A	A	A	

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	School Dance (Social Function)	A	A	A	A	A		
	Search & Rescue							
	Scuba Diving							
	Skateboarding							
	Skydiving							
	Slip 'N Slide (water slide toy)							
	Snorkeling	X	X					Note 1,9,10
	Snow Skiing (down hill)	X	X					Note 1,9,10
	Snow Tubing / Sledding							
	Snowboarding	X	X					Note 1,9,10
	Snowmobiling							
	Snowshoeing	X	X	X	X	X	X	Note 1,9,10
	Soapbox Racing							
	Soccer	A	A	A	A	A		
	Sofa Ball							
	Softball	A	A	A	A	A		
	Speed Skating							
	Spelunking (caves)							
	Squash							
	Swimming - Lakes/Rivers (open waters)							
	Swimming - Public Beach	X	X	X	X	X	X	Note 1 & 11
	Swimming - Public Pool	X	X	X	X	X	X	Note 1 & 11
	Swimming - Residential Pool							
	Swimming - School Pool	X	X	X	X	X	X	
	Table Tennis	A	A	A	A	A		
	Tackle Football (male or female)							
	Tennis	A	A	A	A	A		
	Track & Field	A	A	A	A	A		Note 1 & 6
	Trampolines							
	Transient Carnivals							
	Traversing Wall	A	A	A	A	A		
	Triathlon (Ironman or other)							
	Tug-O-War	O	O	O	O	O		
	Unicycle	O	O	O	O	O		Note 1 & 2
	Volleyball	A	A	A	A	A		
	Water Aerobics / Ballet	X	X	X				
	Water Parks (commercial)	X	X	X	X	X		
	Water Polo							
	Water Skiing							
	Water Tubing							
	Weight Lifting / Training	X	X					Note 1 & 8
	Whitewater Activities							
	Wilderness Survival							
	Wind/Water Surfing							
	Wrestling	X						Note 1,4,8

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	X-treme Sports						
Notes	<p>Note 1: Approved only with signed parent permission slip customized for the specific activity.</p> <p>Note 2: Approved only with appropriate protective helmet.</p> <p>Note 3: Approved only with appropriate protective helmet with full face guard.</p> <p>Note 4: Approved only with appropriate personal protection equipment (pads, braces, goggles, etc.)</p> <p>Note 5: Age appropriate skills only.</p> <p>Note 6: Age appropriate activities only: NO pole vault, javelin, shot put, etc. before Middle School level.</p> <p>Note 7: Approved at appropriate off-site or regulated on-site facilities only.</p> <p>Note 8: Approved only if the instructor/coach has appropriate training and experience (provide proof).</p> <p>Note 9: Approved only if at least two adults present have current First Aid & CPR certification (provide proof).</p> <p>Note 10: Approved only with appropriate first aid kit for type of trip and number of participants (provide proof)</p> <p>Note 11: Approved only if certified life guard is available and on duty.</p>						
Definitions							
WIAA Sanctioned	Washington Interscholastic Athletic Association sporting events. These sport activities are designed for Middle School and High School students under strict supervision of trained and certified physical educators, and coaches. All organized sports must comply with the WIAA standards. When applicable the MPS Transportation policy also applies.						
Approved Curriculum	Accepted departmental study course or element. All curriculum activities must meet the departmental standards. A written curriculum for each activity (study element) must be on file on site. Field Trip and Transportation Policies apply for all off campus curriculum activities						
Playground & Playfield	Discretionary free play activities with general supervision and general safety standards. Organized and/or team sports normally requiring personal protective equipment or which include aggressive physical contact are not allowed during free play unless they are supervised by the Health & Fitness Department. This includes all WIAA sanctioned sports.						
After School Open Gym	Discretionary free play activities with general supervision and general safety standards. Organized and/or team sports normally requiring personal protective equipment or which include aggressive physical contact are not allowed during free play unless they are supervised by a certified Health & Fitness Instructor. This includes all WIAA sanctioned sports.						
Extracurricular Activities	Activities (on or off campus) will require prior approvals from both the Principal and the District Safety/Risk Management Committee if they are not allowed for the specific age group or are not on the matrix. All activities will be organized and supervised by MPS staff. Field Trip and Transportation Policies apply to all off campus activities. Club and Activities Policy apply to all extracurricular activities. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.). Where applicable, proof of instructor certification/qualification may be required in some instances. Some activities may also require WSRMP review and/or a site visit prior to approval.						