

Employee Assistance Program

Monroe School District provides an Employee Assistance Program (EAP) through First Choice Health EAP. They have many services available to employees and their family members. Personal issues, planning for life events or simply managing daily life can affect your work, health and family. The plan provides support, resources and information for personal and work-life issues.

Your EAP is company-sponsored, confidential and provided at no charge to you and your dependents. Use your EAP to help you and your family deal with everyday challenges, including:

Counseling Services – First Choice Network Guidance Resources

EAP offers counseling services for emotional stress, family stress, and many other issues. Call the EAP telephone number listed below and an appointment will be arranged between a local counselor and the employee/family members.

Support for Expectant and New Parents

This service offers families and parents information whenever a childcare need arises. Professionals can help identify resources and answer questions such as: emotional issues and concerns, financial issues, legal questions, and choosing quality child care.

Legal Consultation

When legal issues arise, Guidance Resources' attorneys can refer you to a qualified attorney in your area for a free initial consultation. If the attorney is retained, the employee will receive a 25% discount on standard fees.

Confidential Help Available 24 hours a day, 7 days a week
at (800) 777-4114 or www.fchn.com/Members/EAP

Your Organization's Username is monroesd (all lowercase)