

## **CULINARY ARTS 1**

*Requirement area:* **CTE or Elective**

*Course code:* VCA000

*Grade Level:* 9, 10, 11, 12

*Prerequisite:* None

*Length:* 1 semester (0.5 credit)

*Homework:* 0-1 hours per week

*Description:* In this hands-on lab class students will explore the science of nutrition and the art of food preparation. This course emphasizes positive communication and group process skills as students plan and prepare delicious meals, snacks and cultural foods. Current kitchen technology and careers in the foods industries are included.